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Maria Isabel T. D. Correia is a retired Professor of Surgery at the Universidade Federal de Minas Gerais and Chief of the Nutrition Therapy Team at the Alfa Institute of Gastroenterology and Surgery of the University Hospital, Belo Horizonte, Brazil.

Professor Correia received her medical degree from the Universidade Federal de Minas Gerais in 1985. She completed an internship in nutrition at the Hospital das Clínicas of the University of São Paulo and Grupo de Apoio Nutrição Enteral e Parenteral (GANEP) and a surgical residency at the Hospital Semper, Belo Horizonte, Brazil. She received her Masters degree from Universidade Federal de Minas Gerais and her PhD from Universidade de São Paulo. Professor Correia has previously worked at the Intensive Care Unit of Hospital Semper and was Chief of the Nutrition Therapy Team at the Instituto Mineiro de Oncologia and Fundação Mário Penna.

Her research interests include the nutritional needs of patients undergoing surgery, mainly liver transplant and cancer. Professor Correia has numerous publications in peer-reviewed journals and has contributed to several book chapters. She is currently a member of the Editorial Board of Clinical Nutrition, Nutrition in Clinical Practice, the Journal of Enteral and Parenteral Nutrition (JPEN), and Current Opinion in Nutrition and Metabolic Care, and is the Deputy Editor in Chief for Nutrition for the Journal of Applied and Basic Sciences.