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Laura Niederer, RDN, LDN, is a clinical research coordinator and Registered Dietitian (CRC-RD) for the Duke Office of Clinical Research. Her unique role allows for dual development in research skills and clinical dietetics practice. Currently, Laura works as a research coordinator for Dr. Paul Wischmeyer on the LEEP-COVID study investigating the metabolic demands of mechanically-ventilated COVID-19 patients utilizing the Q-NRG Metabolic Monitor. Named a 2021 Recognized Young Dietitian of the Year by the North Carolina Board of Nutrition and Dietetics, Laura is passionate about membership and service to local professional organizations. In her free time, Laura enjoys kayaking, hiking, cooking, and attending church with her fiancé and friends.

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